

Clearfield City Head Injury Policy

In accordance with Utah House Bill 204: *Protection of Athletes with Head Injuries Act*, Clearfield City requires that any and all persons under the age of 18 are required to adhere to the following stipulations regarding head injuries.

If a participant in a Clearfield City sponsored sports program shows any of the following signs of a “traumatic head injury¹”, that participant shall immediately be removed from the playing field, practice field, sports camp, physical education class, competition and/or tryout.

1. "Traumatic head injury" means an injury to the head arising from blunt trauma, an acceleration force, or a deceleration force, with one of the following observed or self-reported conditions attributable to the injury:

Physical	Cognitive	Emotional	Sleep
<ul style="list-style-type: none">• Headache• Nausea• Vomiting• Stunned• Balance problems• Visual problems• Fatigue• Dazed• Sensitivity to light• Sensitivity to noise• Loss of consciousness (even briefly)	<ul style="list-style-type: none">• Feeling mentally “foggy”• Feeling slowed down• Difficulty concentrating• Difficulty remembering• Forgetful of recent information• Confused about recent events• Answers questions slowly• Repeats questions	<ul style="list-style-type: none">• Irritability• Sadness• More emotional• Nervousness	<ul style="list-style-type: none">• Drowsiness• Sleeping more than normal• Sleeping less than normal• Difficulty falling asleep

The participant shall not be allowed to continue participation in the Clearfield City sponsored program until he or she has a written statement from a qualified health care provider. A qualified health care provider is defined as one who has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the child is cleared to resume participation in the sporting event sponsored by Clearfield City.